

FINDEN +HALES

FINDEN & HALES TO FIT MEASUREMENTS 2023

THIS GUIDE REFERS TO ACTUAL BODY MEASUREMENTS, FOR ACTUAL GARMENT MEASUREMENTS SEE SIZE SPECIFICATION SUMMARY.

MEN'S/ UNISEX GARMENTS	ONE	XXS	XS	S	M	L	XL	XXL	XXXL
EUROPEAN CHEST TO FIT	42-62	42-44	44-46	46-48	48-50	52	54-56	58	60-62
EUROPEAN WAIST TO FIT	38-52	38	40	42	44	46	48	50	52
TO FIT CHEST - INCHES	32-52	32-34	34-36	36-38	38-40	42	44-46	48	50-52
TO FIT CHEST - CMS	81-132	81-86	86-91	91-96	96-101	107	112-117	122	127-132
TO FIT WAIST - INCHES	28-42	28	30	32	34	36	38	40	42
TO FIT WAIST - CMS	71-107	71	76	81	86	91	96	101	107

LADIES' GARMENTS	XS	S	M	L	XL	XXL
UK TO FIT	8	10	12	14	16	18
EUROPEAN TO FIT	36	38	40	42	44	46
TO FIT CHEST - INCHES	30-32	32-34	34-36	36-38	38-40	40-42
TO FIT CHEST - CMS	78-81	81-87	87-91	91-96	96-101	101-107
TO FIT WAIST - INCHES	26	28	30	32	34	36
TO FIT WAIST - CMS	66	71	76	81	86	91

Please note that height is a better indication of fit than age

KIDS GARMENTS - AGE	3/4	5/6	5/8	7/8	9/10	9/13	11/12	13
HEIGHT - CMS	98/104	110/116	110/128	122/128	134/140	134/164	146/152	164
TO FIT CHEST - INCHES	22-24	24-26	24-28	26-28	28-30	28-34	30-32	32 - 34
TO FIT CHEST - CMS	54-60	60-66	60-71	66-71	71-76	71-81	76-81	81
TO FIT WAIST - INCHES	21	22	22-23	23	24.5	24.5-27.5	26	27.5
TO FIT WAIST - CMS	54	56	56-58	58	62	62-70	66	70

IT IS ADVISABLE TO USE ACTUAL BODY MEASUREMENTS RATHER THAN MEASURING OVER CLOTHES.

FINDEN+HALES

FINDEN & HALES SIZE SPEC SUMMARIES 2023

THIS GUIDE REFERS TO ACTUAL GARMENT MEASUREMENTS

LV240 ADULTS' PERFORMANCE PANEL T-SHIRT		XS	S	M	L	XL	XXL	XXXL	TOLS+/-
	CHEST	44.00	48.00	52.00	56.00	60.00	64.00	68.00	1.50
	LENGTH	67.00	70.00	73.00	75.00	77.00	80.00	83.00	2.00
	SLEEVE LENGTH	31.00	33.00	35.00	37.00	39.00	41.00	43.00	1.50

LV242 KIDS' PERFORMANCE PANEL T-SHIRT		AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14	TOLS+/-
	CHEST	36.00	39.00	42.00	46.00	49.00	1.50
	LENGTH	50.00	54.00	56.00	59.00	63.00	1.50
	SLEEVE LENGTH	14.00	15.00	16.00	17.00	17.00	1.00

LV290 UNISEX TEAM T-SHIRT		XS	S	M	L	XL	XXL	3XL	TOLS+/-
	CHEST	44.00	48.00	52.00	56.00	60.00	64.00	68.00	2.00
	LENGTH	66.00	68.00	70.00	72.00	74.00	76.00	78.00	2.00
	SLEEVE LENGTH	31.00	33.00	35.00	37.00	39.00	41.00	43.00	1.50

LV310 PANEL PERFORMANCE POLO		XS	S	M	L	XL	XXL	TOLS+/-
	CHEST	48.00	51.00	54.00	57.00	60.00	63.00	1.50
	LENGTH	69.00	71.00	73.00	75.00	77.00	79.00	2.00
	SLEEVE LENGTH	32.00	34.00	36.00	38.00	40.00	42.00	1.50

LV322 MEN'S SPORTS POLO		S	M	L	XL	XXL	XXXL	TOLS+/-
	CHEST	54.00	57.00	60.00	63.00	66.00	69.00	2
	LENGTH	70.00	73.00	76.00	79.00	82.00	85.00	2
	SLEEVE LENGTH	38.00	42.00	45.00	47.00	49.00	51.00	1.5

LV335 PULL-OVER HOODIE		S	M	L	XL	XXL	3XL	TOLS+/-
	CHEST	51.00	56.00	60.00	63.00	66.00	69.00	2
	LENGTH	68.50	71.00	73.50	76.00	78.50	81.00	2
	SLEEVE LENGTH INC CUFF	76.00	79.50	83.00	86.50	87.50	91.00	2

LV339				AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14		TOLS+/-
KIDS' PULL-OVER HOODIE										
	CHEST			42.00	44.00	46.00	49.00	53.00		1.5
	LENGTH			51.00	54.00	58.00	63.00	68.00		1.5
	SLEEVE LENGTH			51.00	56.00	60.00	66.00	72.00		2

LV340			XS	S	M	L	XL	XXL		TOLS +/-
PANELLED SPORTS HOODIE										
	CHEST		48.00	51.00	56.00	60.00	63.00	67.00		2.00
	LENGTH		66.00	68.50	71.00	73.50	76.00	78.50		2.00
	SLEEVE LENGTH		74.00	76.50	79.00	81.50	84.00	86.50		2.00

LV355			XS	S	M	L	XL	XXL		TOL +/-
ADULTS' PANEL POLO										
	CHEST		46.00	49.00	52.00	55.00	58.00	61.00		1.50
	LENGTH		68.00	70.00	72.00	74.00	76.00	78.00		2.00
	SLEEVE LENGTH		22.00	23.00	24.00	25.00	26.00	27.00		1.50

LV370			XS	S	M	L	XL	XXL	3XL	TOLS +/-
MEN'S PIPED PERFORMANCE POLO										
	CHEST		48.00	51.00	54.00	57.00	60.00	63.00	66.00	1.50
	LENGTH		67.00	69.00	71.00	73.00	75.00	77.00	79.00	2.00
	SLEEVE LENGTH FROM NECK POINT		32.00	34.00	36.00	38.00	40.00	42.00	44.00	1.50

LV371				S	M	L	XL	XXL		TOLS +/-
LADIES' PIPED PERFORMANCE POLO										
	CHEST			45.00	48.00	51.00	54.00	57.00		1.50
	LENGTH			64.00	66.00	68.00	70.00	72.00		2.00
	SLEEVE LENGTH			28.00	30.00	32.00	34.00	36.00		1.50

LV372				AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14		TOLS +/-
KIDS' PIPED PERFORMANCE POLO										
	CHEST			38.00	41.00	44.00	47.00	50.00		1.50
	LENGTH			51.00	54.00	59.00	62.00	66.00		2.00
	SLEEVE LENGTH FROM NECK POINT			26.00	28.00	30.00	32.00	35.00		1.50

LV381 ADULTS' CONTRAST PANEL POLO			XS	S	M	L	XL	XXL		TOLS+/-
	CHEST		46.00	49.00	52.00	55.00	58.00	62.00		2
	LENGTH		68.00	70.00	72.00	74.00	76.00	78.00		2
	SLEEVE LENGTH		21.00	22.00	22.00	23.00	24.00	25.00		1.5

LV382 KIDS' CONTRAST PANEL POLO				AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13		TOLS+/-
	CHEST			36.00	39.00	42.00	45.00	48.00		2
	LENGTH			48.00	52.00	56.00	60.00	64.00		2
	SLEEVE LENGTH			14.00	15.00	16.00	17.00	18.00		1.5

LV390 MEN'S CLUB POLO				S	M	L	XL	XXL	3XL	TOLS+/-
	CHEST			54.00	57.00	60.00	63.00	66.00	69.00	2
	LENGTH			70.00	73.00	76.00	79.00	82.00	85.00	2
	SLEEVE LENGTH			36.50	39.00	41.00	44.00	45.50	48.00	1.5

LV550 MEN'S PIPED MICROFLEECE				S	M	L	XL	XXL		TOLS+/-
	CHEST			51.00	56.00	60.00	63.00	66.00		2.00
	LENGTH			68.00	72.00	76.00	79.00	82.00		2.00
	SLEEVE LENGTH			76.00	78.00	80.00	82.00	84.00		2.00

LV570 ADULTS' 1/4 ZIP PIPED MICROFLEECE			XS	S	M	L	XL	XXL		TOLS+/-
	CHEST		48.00	51.00	54.00	57.00	60.00	63.00		1.50
	LENGTH		61.00	65.00	69.00	73.00	76.00	79.00		2.00
	SLEEVE LENGTH		75.00	77.00	79.00	80.00	82.00	84.00		2.00

LV571 ADULTS' 1/4 ZIP MIDLAYER WITH CONTRAST PANELLING			XS	S	M	L	XL	XXL		TOLS+/-
	CHEST		46.00	49.00	52.00	55.00	58.00	61.00		2.00
	LENGTH		65.00	67.00	69.00	71.00	73.00	75.00		2.00
	SLEEVE LENGTH		64.00	65.00	66.00	67.00	68.00	69.00		2.00

LV830 MEN'S MICROFIBRE SHORTS				S	M	L	XL	XXL		TOLS+/-
	WAIST RELAXED			32.00	35.00	38.00	41.00	44.00		1.50
	INSIDE LEG			20.00	20.00	20.00	20.00	20.00		1.50
	HIP 10CM UP FROM CROTCH			55.00	58.00	61.00	64.00	68.00		2.00

LV831 LADIES' MICROFIBRE SHORTS				S	M	L	XL	XXL		TOLS+/-
	WAIST RELAXED			29.00	32.00	35.00	38.00	41.00		1.50
	INSIDE LEG			15.00	15.00	15.00	15.00	15.00		1.00
	HIP 10CM UP FROM CROTCH			51.00	54.00	57.00	60.00	63.00		1.50

LV833 LADIES' SKORT WITH WICKING FINISH			XS 8	S 10	M 12	L 14	XL 16			TOLS+/-
	WAIST RELAXED		31.00	33.00	35.00	37.00	39.00			1.50
	WAIST EXTENDED		36.00	38.00	44.00	46.00	48.00			1.50
	SKIRT LENGTH		34.50	36.00	37.50	39.00	40.50			1.50

LV871 ADULT'S KNITTED TRACKSUIT TOP		XXS	XS	S	M	L	XL	XXL	3XL	TOLS+/-
	CHEST	46.00	49.00	52.00	55.00	58.00	61.00	64.00	67.00	1.50
	LENGTH	65.00	67.00	69.00	71.00	73.00	75.00	77.00	79.00	2.00
	SLEEVE LENGTH	74.00	76.00	78.00	80.00	82.00	84.00	86.00	88.00	2.00

LV873 KID'S KNITTED TRACKSUIT TOP		AGE3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14			TOLS+/-
	CHEST	34.00	37.00	40.00	43.00	46.00	49.00			1.50
	LENGTH	42.00	46.00	50.00	54.00	58.00	62.00			1.50
	SLEEVE LENGTH	50.00	53.00	56.00	59.00	62.00	65.00			1.50

LV874 ADULT'S 1/4 ZIP TRACKSUIT TOP		XXS	XS	S	M	L	XL	XXL	3XL	TOLS +/-
	CHEST	46.00	49.00	52.00	55.00	58.00	61.00	64.00	67.00	2.00
	LENGTH	65.00	67.00	69.00	71.00	73.00	75.00	77.00	79.00	2.00
	SLEEVE LENGTH	62.00	63.00	64.00	65.00	66.00	67.00	68.00	69.00	2.00

LV875			AGE 3/4	AGE 5/6	AGE 7/8	AGE 9/10	AGE 11/12	AGE 13		TOLS +/-
KID'S 1/4 ZIP TRACKSUIT TOP										
	CHEST		34.00	37.00	40.00	43.00	46.00	49.00		1.50
	LENGTH		42.00	46.00	50.00	54.00	58.00	62.00		2.00
	SLEEVE LENGTH		42.50	45.50	48.50	51.50	54.50	57.50		1.50

LV881		XXS	XS	S	M	L	XL	XXL	3XL	TOLS +/-
ADULT'S KNITTED TRACKSUIT PANTS										
	WAIST RELAXED	30.50	33.00	35.50	38.00	40.50	43.00	45.50	48.00	1.50
	INSIDE LEG (inches)	30.00	30.00	30.00	30.00	31.00	31.00	31.00	31.00	2.00
	HIP 10CM UP FROM CROTCH	47.50	50.00	52.50	55.00	57.50	60.00	62.50	65.00	2.00

LV883			AGE3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14		TOLS +/-
KID'S KNITTED TRACKSUIT PANTS										
	WAIST RELAXED		22.00	25.00	28.00	31.00	34.00	37.00		1.50
	INSIDE LEG (inches)		41.00	18.50	21.00	23.00	25.50	30.00		2.00
	HIP 10CM UP FROM CROTCH		32.00	34.00	36.00	38.00	40.00	42.00		1.50

LV886			XS	S	M	L	XL	XXL	XXXL	TOLS +/-
ADULTS KNITTED SHORTS WITH ZIPPED POCKETS										
	WAIST RELAXED		34.00	36.00	38.00	40.00	42.00	44.00	46.00	1.50
	INSIDE LEG (cm)		15.00	15.50	16.00	16.50	17.00	17.50	18.00	1.00
	HIP 10CM UP FROM CROTCH		49.00	52.00	55.00	58.00	61.00	64.00	67.00	2.00

LV896			XS	S	M	L	XL	XXL		TOLS +/-
LADIES' TEAM LEGGING										
	WAIST RELAXED		25.00	27.00	29.00	31.00	34.00	37.00		1.50
	INSIDE LEG (cm)		66.00	67.00	68.00	68.00	69.00	69.00		2.00
	HIP 10CM UP FROM CROTCH		36.00	38.00	40.00	42.00	45.00	48.00		1.50

LV897			AGE3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12			TOLS +/-
KIDS' TEAM LEGGING										
	WAIST RELAXED		21.00	23.00	25.00	27.00	29.00			1.50
	INSIDE LEG (cm)		40.00	47.00	52.00	57.00	62.00			1.50
	HIP 10CM UP FROM CROTCH		27.00	29.00	31.00	33.00	35.00			1.50